2015 Research Frontiers in Nutritional Sciences Conference

PROGRAM

Opening Night Reception at the Tucson Museum of Art
A FOOD, WINE AND HEALTHY LIVING EVENT!

DAY 1 Wednesday, January 28, 2015

6:00 - 8:00 pm Rudy Maxa from the National Geographic Blue Zones Project
Washington Post Pulitzer-nominated reporter and columnist

Celebrity Chefs
Local foods and wine featuring Arizona Agriculture

Conference Kick Off at The University of Arizona Student Union Grand Ballroom

DAY 2 Thursday, January 29, 2015

7:30 - 8:30 am Registration and Breakfast

8:30 - 8:45 am Opening Remarks
Donato Romagnolo, PhD, MSc - Conference Chair
Wanda Howell, PhD, RD - Conference Co-Chair
Department of Nutritional Sciences, College of Agriculture & Life Sciences (CALS)
The University of Arizona (UA)

8:45 - 9:00 am Welcome Address
Scott Going, PhD
Professor and Head, Department of Nutritional Sciences
College of Agriculture & Life Sciences, UA

Shane Burgess, PhD
Vice President for Veterinary Sciences & Cooperative Extension
Dean, College of Agriculture & Life Sciences
Director, Arizona Experiment Station
Dean, College of Agriculture and Life Sciences, UA

9:00 - 9:40 am Keynote Address
Lluis Serra Majem, MD, PhD
Director, Community Nutrition Research Centre, University of Barcelona
Professor, Preventive and Public Health
University of Las Palmas de Gran Canaria, Spain
Mediterranean Diet and Health: Past, Present, Present, and Future Strategies for Prevention of Chronic Diseases

MEDITERRANEAN PYRAMID AND REGIONAL TRENDS

9:40 - 9:45 am Introductions
Session Chair: Jennifer Teske, PhD

9:45 - 10:25 am Mariette Gerber, MD, PhD, Dr.Sc
Chercheur Honoraire, INSERM-Institut du Cancer de Montpellier, France
Expert at the French Agency for Food, Environment and Work Security
Implementing the Mediterranean Diet: The French Perspective
2015 Research Frontiers in Nutritional Sciences Conference

PROGRAM

10:25 - 10:40 am  **Break**

10:40 - 11:20 am  **Nadine Sahyoun, PhD, RD**
Associate Professor
Nutritional Epidemiology, University of Maryland
*Mediterranean Diet: A Geographical Perspective*

11:20 - 12:00 pm  **David Baer, PhD**
Food Components and Health Laboratory
ARS-United States Department of Agriculture
*Nutritional Adequacy of Mediterranean Diet and Implementation*

12:00 - 12:20 pm  **Speaker Panel Discussion**

12:20 - 1:30 pm  **Lunch and Poster Presentations - Poster Viewing and Judging**

**OBESITY, DIABETES AND HEALTHY AGING**

1:30 - 1:35 pm  **Introductions**
Session Chair: Wanda Howell, PhD, RD

1:35 - 2:15 pm  **Antonia Trichopoulou, MD, PhD**
Executive Vice President, Hellenic Health Foundation
Professor Emeritus, School of Medicine
University of Athens, Greece
*Mediterranean Diet and Longevity*

2:15 - 2:55 pm  **Connie Bales, PhD, RD**
Department of Medicine, Duke University
*Interactions Between Mediterranean Diet and Obesity and Impact on Aging*

2:55 - 3:10 pm  **Break**

3:10 - 3:50 pm  **Golandam Khayef, PhD**
Dietetic Internship Program Director
California Polytechnic University, Pomona
Human Nutrition and Food Science Department
*Impact of Mediterranean Diet on Metabolic Syndrome: A Review of Literature*

3:50 - 4:30 pm  **Scott Going, PhD**
Professor and Head, Department of Nutritional Sciences, UA
*Synergistic Effects on the Mediterranean Diet and Physical Activity*

4:30 - 4:55 pm  **Speaker Panel Discussion**

**DAY 3 Friday, January 30, 2015**

8:00 - 8:45 am  **Breakfast**

**CANCER PREVENTION AND CONTROL**

8:45 - 9:00 am  **Introductions and Overview**
Session Chair: Donato Romagnolo, PhD, MSc
2015 Research Frontiers in Nutritional Sciences Conference

PROGRAM

9:00 - 9:45 am  Peter Lance, MD, FRCP
Professor of Medicine, Molecular & Cellular Biology, UA
Deputy Director, UA Cancer Center
Medical Director, UA Clinical Research Unit
*Mediterranean Diet and Cancer Prevention*

9:45 - 10:30 am  Cynthia Thomson, PhD, RD
Professor, Mel and Enid Zuckerman College of Public Health, UA
Director, Canyon Ranch Center for Prevention & Health Promotion
*Studies of Mediterranean Diet and Breast Cancer*

10:30 - 10:45 am  Break

10:45 - 11:30 am  Sharon Ross, PhD, MPH
Program Director, Nutritional Sciences Research Group
Division of Cancer Prevention
National Cancer Institute/National Institutes of Health
*Epigenetics of Mediterranean Diet: Altering Disease Risk*

11:30 - 11:50 am  Speaker Panel Discussion

TRANSLATING SCIENCE TO THE PLATE

11:50 - 12:00 pm  Introductions
Session Chair: Melanie Hingle, PhD, MPH, RD

12:00 - 1:30 pm  LUNCH AND LEARN
Cheralyn Schmidt, MPH
UA Cooperative Extension
Live food demonstrations inspired by Mediterranean Cuisine, prepared and served by
the Garden Kitchen, Nutritional Sciences students and the Student Union staff

1:30 - 2:00 pm  Julie Murphree, BA
Director of Communications
Arizona Farm Bureau Association
*Hidden Secrets of an Amazing Desert Diet Revealed*

2:00 - 2:15 pm  Break

2:15 - 2:55 pm  Adrienne Bendich, PhD, FACN
President, Consultants in Consumer Healthcare LLC
*What is the Food Industry's Stake in the Mediterranean Diet?*

2:55 - 3:00 pm  Poster Awards

3:00 - 3:40 pm  Marian Neuhouser, PhD, RD
Fred Hutchinson Cancer Research Center
*Mediterranean Dietary Pattern and Chronic Disease Prevention; What is the Evidence?*

3:40 - 4:00 pm  Speaker Panel Discussion

4:00 pm  Closing Remarks and Adjourn