Minor in Nutritional Sciences

Catalog Year 2018-2019

REQUIRED INTRODUCTORY COURSE

Intro to Human Nutrition
NSC 101 (3) _____ or NSC 170C1* (3) _____

*Per the gen-ed policy, NSC 170C1 is only able to satisfy one requirement (Tier I NATS or NSC Minor course). If you choose to use NSC 170C1 towards your Tier I NATS requirements, you will need to take another nutrition elective in its place to reach the required minor units.

NUTRITION MINOR ELECTIVES (Complete a minimum of 15 units of electives. NSC 455 is a 6 unit study abroad experience, that can also be completed for honors credit).

NSC 255 - Food & Culture (Sp, Su, W)
NSC 301 - Nutrition & the Life Cycle (Sp, Su, F)
NSC 310 - Health & Disease (Su, F)
NSC 315 - Sports Nutrition (Su, Sp, F)
NSC 353 - Food Science & Safety (Su, Sp)
NSC 375 - Diet, Genes & Disease (Su)
NSC 376 - Bioactive Food Compounds (Su)
NSC 455 - Med Diet & Health Study Abroad (Su)

Minimum units required: 18
Upper division units required: 9
(F = Fall I Sp = Spring I Su = Summer I W = Winter)

Note: NSC Minor is designed to be completed mostly online during the summer. Some courses may be open to NSC Majors only during the regular semester. Please verify availability with NSC Advisor.