## Tucson: Healthy Starts Here

### Our Community

<table>
<thead>
<tr>
<th></th>
<th>Tucson</th>
<th>Pima County</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Population</strong></td>
<td></td>
<td></td>
<td><strong>520,116</strong></td>
</tr>
<tr>
<td></td>
<td>7%</td>
<td>6%</td>
<td>7%</td>
</tr>
<tr>
<td></td>
<td>16%</td>
<td>17%</td>
<td>18%</td>
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<tr>
<td></td>
<td>22%</td>
<td>18%</td>
<td>17%</td>
</tr>
<tr>
<td></td>
<td>38%</td>
<td>38%</td>
<td>38%</td>
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<tr>
<td></td>
<td>17%</td>
<td>21%</td>
<td>19%</td>
</tr>
</tbody>
</table>

- Birth to 4
- 5 to 17
- 18 to 29
- 30 to 59
- 60 and Older

### Low-income Population

- **Child**: Tucson 60%, Pima County 49%, Arizona 47%
- **Overall**: Tucson 37%, Pima County 36%

### Hunger & Food Insecurity

- **Child**: Pima County 23%, Arizona 24%
- **Overall**: Pima County 15%, Arizona 16%

### Early Childhood Weight

- **Tucson**: Underweight 3%, Normal Weight 66%, Overweight 16%, Obese 15%
- **Arizona**: Underweight 4%, Normal Weight 72%, Overweight 12%, Obese 12%

### Adult Weight

- **Pima County**: Overweight 32%, Obese 29%
- **Arizona**: Overweight 36%, Obese 28%

### Healthy Eating

- Pima County: 5.0%
- Arizona: 5.1%

### Physical Activity

- Pima County: 24.0%
- Arizona: 21.9%
### Stores per 100,000 people (8)

<table>
<thead>
<tr>
<th>Store Type</th>
<th>Tucson</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farmers Markets</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Farmers Markets that accept food assistance</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>WIC Retailers</td>
<td>12</td>
<td>10</td>
</tr>
<tr>
<td>SNAP Grocery Stores</td>
<td>13</td>
<td>11</td>
</tr>
<tr>
<td>SNAP Convenience Stores</td>
<td>37</td>
<td>29</td>
</tr>
<tr>
<td>SNAP Retailers</td>
<td>83</td>
<td>63</td>
</tr>
<tr>
<td>Fast Food Restaurants</td>
<td>79</td>
<td>65</td>
</tr>
</tbody>
</table>

### % of population living within walking (half-mile) vs driving (ten-miles) distance of (9)

- A Farmers Market: 98%
- A Farmers Market that accepts food assistance benefits: 98%
- A WIC Retailer: 100%
- A SNAP Grocery Store: 100%
- A SNAP Convenience Store: 100%
- Any SNAP Retailer: 100%
- A Fast Food Restaurant: 100%
- A Public Park: 100%
- A Walking or Biking Trail: 100%
- A Recreational Area: 92%

### Free or reduced priced lunches served per day (10)

- School Year: 41,562
- Summer: 6,278

### Households with no available vehicle (11)

- Tucson: 13%
- Pima County: 9%
- Arizona: 7%