THE UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE & LIFE SCIENCES
Nutritional Sciences

DIETETICS OPTION CHECKLIST 2019-2020

GENERAL REQUIREMENTS

Composition		3-6 units	
ENGL 101	Freshman Composition	3	_____
ENGL 102	Freshman Composition	3	_____
or			
ENGL 109H	Adv. First Year Composition	3	_____

Mid-Career Writing Assessment

Satisfied by a min. grade of "B" in 2nd sem. English _____

Mathematics		3 units	
MATH 112	College Algebra	3	_____

Statistics (complete ONE of the following)		3 units	
AREC 239, MATH 163, MATH 263, SBS 200		3	_____

Second Language ~ (complete ONE of the following) — **0-8 units**

a. Pass a lang. proficiency exam at 2nd sem. prof _____

b. Complete a lang. course through 2nd sem. prof _____

General Education

Tier I: — **12 units**

Individuals & Societies (150s)

1. _____ 3 _____
2. _____ 3 _____

Traditions & Cultures (160s)

1. _____ 3 _____
2. _____ 3 _____

Tier II: — **9-12 units**

Arts

1. _____ 3 _____

Humanities

1. _____ 3 _____

Individuals & Societies

1. _____ 3 _____

Diversity Emphasis _____ 3 _____

(May be double-dipped w/one general education course above)

Supporting Coursework		36 units	
CHEM 151	General Chemistry I	4	_____
CHEM 152	General Chemistry II	4	_____
CHEM 241A	Organic Chemistry I	3	_____
MCB 181R	Introductory Biology I	3	_____
MCB 181L	Introductory Biology I Lab	1	_____
BIOC 384	Foundations in Biochemistry	3	_____
BIOC 385	Metabolic Biochemistry	3	_____
MIC 205A	General Microbiology	3	_____
MIC 205L	General Microbiology Lab	1	_____
Science Elective*		3	_____
PSIO 201	Human Anatomy & Physiology I	4	_____
PSIO 202	Human Anatomy & Physiology II	4	_____

CORE COURSES

Nutrition Courses		49 units	
NSC 101<	Intro to Human Nutrition	3	_____
NSC 225	Foun. Skills in Nutritional Sciences	2	_____
NSC 260	Nutrition Comm. & Scientific Literacy	3	_____
NSC 301	Nutrition and the Lifecycle	3	_____
NSC 308	Nutrition & Metabolism	3	_____
NSC 325	Foundations of MNT	4	_____
NSC 325L	Foundations of MNT Lab	1	_____
NSC 351R	Fundamentals of Food Science	3	_____
NSC 351L	Fundamentals of Food Science Lab	1	_____
NSC 358R	Institutional Food Management	2	_____
NSC 358L	Institutional Food Management Lab	1	_____
NSC 395A	Exp. Learning in Nutritional Sciences	2	_____
NSC 396A	Career Seminar	1	_____
NSC 408	Nutritional Biology	3	_____
NSC 420	Nutritional Education & Counseling	2	_____
NSC 425	Medical Nutrition Therapy I	4	_____
NSC 435	Medical Nutrition Therapy II	4	_____
NSC 444	Community Nutrition	3	_____
NSC 458	Food Service Organization & Manag.	3	_____
NSC 495A	Internship	1	_____

Elective**	3 units	
_____	3	_____

Key

< Requires a "B" or better for graduation

~ Requires a "C" or better for graduation

* Choose course from approved science electives list

** Choose course from approved electives list

Total Units Required for Degree = 120
Total Upper Division Units Required for Degree = 42
Total Units in Residency Required for Degree = 56

NSC = Nutritional Sciences

This form is provided as a guide. Meet with your nutrition academic advisor regularly to monitor your progress in the major.

Revised 8/23/19

NUTRITIONAL SCIENCES: DIETETICS OPTION

2019-2020 Catalog

KEY
~ - Refer to approved list of elective options
* - Course is only offered in the semester indicated
Bold - Must earn B or better to graduate
Italics - Highly recommended
⋯⋯ - Courses are sequential

CONTACT NSC ADVISORS
nscadvising@email.arizona.edu | 520-621-2017
Student Nutrition Advising Center (SNAC) - Shantz 238

YEAR 1

FALL____				SPRING____			
ENGL	101	English Composition	3	ENGL	102	English Composition	3
MATH	112	College Algebra	3	NSC	225	Foundational Skills	2
NSC	**101**	**Intro to Human Nutrition**	**3**	*CLAS*	*116B*	*Medical Terminology*	*3*
NSC	396A	Career Seminar	1	MIC	205A	Microbiology	3
*CALS **	*195C*	*Academic Success*	*1*	MIC	205L	Microbiology Lab	1
		Tier I INDV	3			Choose from "Statistics" list	3
			14				15

YEAR 2

FALL____				SPRING____			
CHEM	151	General Chemistry I	4	CHEM	152	General Chemistry II	4
PSIO	201	Anatomy & Physiology	4	PSIO	202	Anatomy & Physiology	4
NSC	301	Nutrition & the Life Cycle	3	NSC	260	Nutrition Communication	3
		Tier I TRAD	3	NSC	395A	Experiential Learning	2
		Tier I INDV	3			Tier I TRAD	3
			17				16

Begin Junior Dietetics Cohort

YEAR 3

FALL____				SPRING____			
CHEM	241A	Organic Chemistry I	3			Choose from "Science Elective" list~	3
NSC	351R	Fund of Food Science	3	NSC*	358R	Institutional Food Mgt	2
NSC	351L	Food Science Lab	1	NSC*	358L	Institutional Food Mgt Lab	1
NSC	308	Nutrition & Metabolism	3	NSC	325	Foundations in MNT	4
MCB	181R	Intro Biology	3	NSC	325L	Foundations in MNT Lab	1
MCB	181L	Intro to Biology Lab	1			Tier II INDV	3
		Tier II ARTS	3			Tier II HUM	3
			17				14

YEAR 4

FALL____				SPRING____			
BIOC	385	Metabolic Biochemistry	3	BIOC	384	Foundations in Biochem	3
NSC*	425	MNT I	4	NSC*	435	MNT II	4
NSC*	458	Food Service Org & Mgt	3	NSC*	444	Community Nutrition	3
NSC*	495A	Internship Prep Workshop	1	NSC*	420	Nut Ed & Counseling	2
NSC	408	Nutritional Biology	3			Choose from "Elective" list ~	3
			14				15

GENERAL EDUCATION REQUIREMENTS

Double check gen-eds on Advisement Report

Tier I - General Education Courses		
INDV	150's	3
INDV	150's	3
TRAD	160's	3
TRAD	160's	3

Tier II - General Education Courses *(upper division recommended)*		
ARTS	300's	3
HUM	300's	3
INDV	300's	3

One gen-ed course must have a **diversity emphasis**

OTHER COURSES REQUIRED FOR MAJOR

2nd Semester Proficiency in a 2nd Language

Complete one of the following:

a. Pass a language proficiency exam at 2nd semester level

b. Complete courses through 2nd semester proficiency

Statistics (Choose ONE)			
AREC	239	Intro to Statistics & Data	4
MATH	163	Basic Statistics	3
MATH	263	Biostatistics	3
SBS	200	Intro to Statistics	4

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Revised 8/23/19