LAKE HAVASU CITY

_healthy starts here_

OUR COMMUNITY

Total Population **55,808**

<table>
<thead>
<tr>
<th></th>
<th>Birth to 4</th>
<th>5 to 17</th>
<th>18 to 29</th>
<th>30 to 59</th>
<th>60 and Older</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lake Havasu City</td>
<td>4%</td>
<td>13%</td>
<td>10%</td>
<td>36%</td>
<td>36%</td>
</tr>
<tr>
<td>Mohave County</td>
<td>5%</td>
<td>15%</td>
<td>11%</td>
<td>36%</td>
<td>32%</td>
</tr>
<tr>
<td>Arizona</td>
<td>7%</td>
<td>18%</td>
<td>17%</td>
<td>38%</td>
<td>19%</td>
</tr>
</tbody>
</table>

- **Low-income Population**
  - **Child**: Lake Havasu City 49%, Mohave County 57%
  - **Overall**: Lake Havasu City 35%, Mohave County 42%

- **Hunger & Food Insecurity**
  - **Child**: Mohave County 29%, Arizona 24%
  - **Overall**: Mohave County 19%, Arizona 16%

- **Early Childhood Weight**
  - **Lake Havasu City**: 5% Underweight, 72% Normal Weight, 14% Overweight, 8% Obese
  - **Arizona**: 4% Underweight, 72% Normal Weight, 13% Overweight, 11% Obese

- **Adult Weight**
  - **Mohave County**: 35% Overweight, 32% Obese
  - **Arizona**: 36% Overweight, 28% Obese

- **Ate vegetables at least 3 times and fruits 2 times daily**: Mohave County 2.9%, Arizona 5.1%

- **Met aerobic and strength physical activity guidelines**: Mohave County 16.8%, Arizona 21.9%
Stores per 100,000 people

- Farmer's Markets
  - Arizona: 0, Lake Havasu City: 2

- Farmer's Markets that accept food assistance
  - Arizona: 0, Lake Havasu City: 1

- WIC Retailers
  - Arizona: 10, Lake Havasu City: 13

- SNAP Grocery Store
  - Arizona: 11, Lake Havasu City: 11

- SNAP Convenience Store
  - Arizona: 29, Lake Havasu City: 38

- All SNAP Retailers
  - Arizona: 63, Lake Havasu City: 68

- Fast Food Restaurants
  - Arizona: 65, Lake Havasu City: 77

% of population living within walking (half-mile) vs driving (ten-miles) distance of

- A Farmers Market
  - Arizona: 0%, Lake Havasu City: 0%

- A Farmers Market that accepts food assistance
  - Arizona: 3%, Lake Havasu City: 4%

- A WIC Retailer
  - Arizona: 99%, Lake Havasu City: 96%

- A SNAP Grocery Store
  - Arizona: 96%, Lake Havasu City: 99%

- A SNAP Convenience Store
  - Arizona: 99%, Lake Havasu City: 99%

- Any SNAP Retailer
  - Arizona: 100%, Lake Havasu City: 100%

- A Public Park
  - Arizona: 98%, Lake Havasu City: 99%

- A Walking or Biking Trail
  - Arizona: 99%, Lake Havasu City: 100%

- A Recreational Area
  - Arizona: 100%, Lake Havasu City: 100%

Free or reduced priced lunches served per day

- School Year: 2,484
- Summer: 519

Households with no available vehicle

- Lake Havasu City: 4%
- Mohave County: 5%
- Arizona: 7%