Join us February 14, 2018

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presents

The Children’s Healthy Living (CHL) Program in the US Affiliated Pacific Region

The Children’s Healthy Living (CHL) integrated training, research and outreach program was developed and funded to prevent young child obesity and improve child health and wellness with a focus on community action across the US affiliated Pacific region. The regional multilevel, community-based intervention was built from a partnership developed among decades of related work to understand health in the region, with a base among land grant colleges in 11 jurisdictions (Alaska, Hawaii, Guam, American Samoa, and Commonwealth of the Northern Mariana Islands, Palau, Marshall Islands and the four states of the Federated States of Micronesia- Chuuk, Kosrae, Pohnpei, and Yap). The CHL intervention trial decreased prevalence of young child overweight and obesity and risk for diabetes in this remote underserved Pacific region.