



**B.S. NUTRITION & FOOD SYSTEMS  
FOUR (4) YEAR PLAN  
2022 - PRESENT CATALOG YEAR**

**YEAR 1**

**FALL**

FALL	
MATH 112 College Algebra	3
ENGL 101 First Year Composition	3
NSC 101 Introduction to Human Nutrition	3
NSC 396A Survey of Nutrition Careers	1
Second Language	4
UNIV 101 Introduction to the General Education Experience (Entry Course)	1
<b>Total Units</b>	<b>15</b>

**SPRING**

SPRING	
Statistics	3
ENGL 102 First Year Composition	3
NAFS 102 Introduction to Food Systems	3
Nutrition & Food Systems Core Elective	3
Second Language	4
<b>Total Units</b>	<b>16</b>

**YEAR 2**

**FALL**

FALL	
NAFS 101 Introduction to Critical Food Studies	3
NSC 301 Nutrition & The Life Cycle	3
Technical Writing	3
GE Core: Exploring Perspectives or Building Connections	3
GE Core: Exploring Perspectives or Building Connections	3
<b>Total Units</b>	<b>15</b>

**SPRING**

SPRING	
NAFS 300 Food Justice, Ethics & Activism	3
Food Policy & Economics Elective	3
Sustainable Agriculture & Life Sciences Elective	3
GE Core: Exploring Perspectives or Building Connections	3
GE Core: Exploring Perspectives or Building Connections	3
<b>Total Units</b>	<b>15</b>

**YEAR 3**

**FALL**

FALL	
NAFS 302 Critical Food Practices	3
NSC 497F Community & School Garden Workshop	3
PSIO 380 Fundamentals of Human Physiology	4
GE Core: Exploring Perspectives or Building Connections	3
GE Core: Exploring Perspectives or Building Connections	3
<b>Total Units</b>	<b>16</b>

**SPRING**

SPRING	
ACBS 411 Agriculture Environmental & Legal Issues	3
MIC 205A General Microbiology	3
MIC 205L General Microbiology Lab	1
Food Policy & Economics Elective	3
Science Elective	3
GE Core: Exploring Perspectives or Building Connections	3
<b>Total Units</b>	<b>16</b>

**YEAR 4**

**FALL**

FALL	
NSC 444 Community Nutrition	3
Leadership & Community Engagement Elective	3
Leadership & Community Engagement Elective	3
Sustainable Agriculture & Life Sciences Elective	3
Sustainable Agriculture & Life Sciences Elective	3
<b>Total Units</b>	<b>15</b>

**SPRING**

SPRING	
NAFS 498 Senior Capstone	3
Leadership & Community Engagement Elective	3
Sustainable Agriculture & Life Sciences Elective	3
Sustainable Agriculture & Life Sciences Elective	3
Sustainable Agriculture & Life Sciences Elective	3
UNIV 301 General Education Portfolio (Exit Course)	1
<b>Total Units</b>	<b>16</b>

