## TOPOCK/GOLDEN SHORES

**healthy starts here**

### OUR COMMUNITY

<table>
<thead>
<tr>
<th></th>
<th>Topock/Golden Shores</th>
<th>Mohave County</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Population</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2,104</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Low-income Population

<table>
<thead>
<tr>
<th></th>
<th>Topock/Golden Shores</th>
<th>Mohave County</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child</td>
<td>0%</td>
<td>57%</td>
<td>47%</td>
</tr>
<tr>
<td>Overall</td>
<td>31%</td>
<td>42%</td>
<td>36%</td>
</tr>
</tbody>
</table>

### Hunger & Food Insecurity

<table>
<thead>
<tr>
<th></th>
<th>Topock/Golden Shores</th>
<th>Mohave County</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child</td>
<td>29%</td>
<td>24%</td>
<td>19%</td>
</tr>
<tr>
<td>Overall</td>
<td>19%</td>
<td>16%</td>
<td></td>
</tr>
</tbody>
</table>

### Early Childhood Weight

<table>
<thead>
<tr>
<th></th>
<th>Topock/Golden Shores</th>
<th>Mohave County</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mohave County</td>
<td>4%</td>
<td>74%</td>
<td>12%</td>
</tr>
<tr>
<td>Arizona</td>
<td>4%</td>
<td>72%</td>
<td>13%</td>
</tr>
</tbody>
</table>

### Adult Weight

<table>
<thead>
<tr>
<th></th>
<th>Topock/Golden Shores</th>
<th>Mohave County</th>
<th>Arizona</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mohave County</td>
<td>35%</td>
<td>32%</td>
<td></td>
</tr>
<tr>
<td>Arizona</td>
<td>36%</td>
<td>28%</td>
<td></td>
</tr>
</tbody>
</table>

### Ate vegetables at least 3 times and fruits 2 times daily

- **Mohave County:** 2.9%
- **Arizona:** 5.1%

### Met aerobic and strength physical activity guidelines

- **Mohave County:** 16.8%
- **Arizona:** 21.9%
Stores per 100,000 people

- Farmer's Markets: 0
- Farmer's Markets that accept food assistance: 0
- WIC Retailers: 10
- SNAP Grocery Store: 11
- SNAP Convenience Store: 48
- All SNAP Retailers: 63
- Fast Food Restaurants: 65

% of population living within walking (half-mile) vs driving (ten-miles) distance of

- A Farmers Market: 0%
- A Farmers Market that accepts food assistance benefits: 0%
- A WIC Retailer: 0%
- A SNAP Grocery Store: 0%
- A SNAP Convenience Store: 100%
- Any SNAP Retailer: 100%
- A Fast Food Restaurant: 2%
- A Public Park: 0%
- A Walking or Biking Trail: 99%
- A Recreational Area: 100%

Free or reduced priced lunches served per day

- School Year: 94
- Summer: 0

Households with no available vehicle

- Topock/Golden Shores: 11%
- Mohave County: 5%
- Arizona: 7%

(1) U.S. Census Bureau (2010)
(2) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates
(3) Feeding America (2016). Food Insecurity in the United States. map.feedingamerica.org
(8) (9) See Methodology.
(10) Arizona Department of Education.
(11) U.S. Census Bureau (2016).

Topock/Golden Shores Fact Sheet :: Sept 2017
This material was funded by USDA’s Supplemental Nutrition Assistance Program - SNAP through the AZ Health Zone. This institution is an equal opportunity provider.