Who Are We?

F.R.E.S.H. is a graduate student organization associated with the University of Arizona. Our goal is to broaden leadership and career building skills while promoting health and wellness both on campus and throughout the community of Tucson.

What Activities are we involved in?

- Career building workshops
  - CV/Resume strategies
  - Conference presentation practice panel
- Networking with nutrition research and industry professionals
- Philanthropies
  - Cats for a Cure who raised $2,251.38 for The American Cancer Society
  - Raised scholarship money for children’s medical treatment
  - AIDS Walk
- Social Events
  - Happy Hours
  - Sporting Events
  - Faculty/student functions
- Healthy lifestyle education

Membership:

- $20 each scholastic year
- Includes F.R.E.S.H. T-shirt

Meetings:

- Bimonthly (on campus)

Want to Join or have questions?

Please Contact:

Co-Founder/President:
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